

## MENU GUIDANCE FOR GUESTS WITH FOOD ALLERGIES

## AN IMPORTANT NOTE TO OUR GUESTS

Whether you're craving a traditional breakfast, fresh salad or homestyle favorite, we like to think there's something for everyone at Cracker Barrel Old Country Store®. Knowing that some of our guests may have specific dietary needs, we've crafted a variety of dishes to make sure that everyone at the table can enjoy a delicious meal that's right for them.

The information provided in this guide is based upon ingredient statements provided to us by our suppliers and highlights which menu items are prepared without allergen containing ingredients. Our normal kitchen operations involve shared preparation and cooking areas, including common fryer oil; therefore, cross-contact of all our menu items is possible. We have identified menu items cooked in our fryer or on our grill that may come in contact with ALL allergens and are marked with a "Y." Fried and Grilled items should NOT be consumed if you have a food allergy. We cannot guarantee that the menu items listed are completely free of allergens. Regarding gluten, menu items that do not contain gluten does not necessarily meet the definition of "gluten-free" for those who are highly sensitive. We recommend our guests with food allergies speak with the restaurant manager prior to placing an order, to make the kitchen aware of your needs.

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	Breakfast Menu			1000										
Y - potential risk of cross-contact to all allergens due to cooking method	Preparation		Common Allergies											
X - Menu item contains specific allergen	Fried (Soybean Oil)	Grilled	Egg	Fish	Milk	Peanut	Sesame	Shellfish	Soy	Tree Nuts	Wheat	Glute		
Cracker Barrel Classics														
Two Farm Fresh Eggs		Υ	Χ	- 1					Х					
Egg Whites		Υ	Χ						Х					
Buttermilk Biscuits	a grant and a second				Χ				Х		X	Х		
Sawmill Gravy					Χ				Х		Х	Х		
Butter Cups					Х							170		
Meats														
Thick-sliced Bacon	and the second	Υ		17-19										
Smoked Sausage Patties		Υ						40 (31)						
Hickory-Smoked Country Ham		Υ					4-1-2		1000					
Sugar Cured Ham		Υ							Х					
Premium Meats											37.15			
Country Fried Steak (plain)*	Υ		Χ		Χ						Χ	Х		
*with Sawmill Gravy	Walter and the second s				Χ				Х		Х	Х		
Fried Homestyle Chicken (plain)*	Y		Χ		Х				Х		Х	Х		
*with Sawmill Gravy					Χ				Х		X	Х		
Grilled Chicken Tenders		Υ	44.94		-				Х					
Hamburger Steak (seasoned with garlic butter glaze)		Υ			Х	-	Х		Х		Х	Х		
Sirloin Steak Tips (seasoned with garlic butter glaze)		Υ			Х		Х		Х		Х	Х		
Spicy Chicken Sausage		Υ							Х			1000		
Impossible™ Sausage Made From Plants		Υ							Х					
U.S. Catfish Fillet (grilled)		Υ		Χ					Х			1734024		
U.S. Catfish Fillet (fried)*	Y			Х										
*with Tartar Sauce			Χ	12.					Х			-		

Y - potential risk of cross-contact to all allergens due to cooking method	Preparation	)					Com	mon Aller	gies			
X - Menu item contains specific allergen	Fried (Soybean Oil)	Grilled	Egg	Fish I	Vilk	Peanut	Sesame	Shellfish	Soy	Tree Nuts	Wheat	Gluten
Hot off the Griddle (does not include syrup)												
Buttermilk Pancakes		Υ	Х		X		0.55		Х		Х	Х
Pecan Pancakes with pecans		Υ	Х		X				Х	Х	Х	Х
French Toast		Υ	Х						Х		Х	X
Fresh Berry French Toast Bake	Mark Comments		Х		Χ				Х		X	Х
Fresh Blueberry French Toast Bake (Take Home Meal)			Х		Х				Х		X	Х
Stuffed Cheesecake Pancakes		Υ	Х		X				Х		X	Х
Syrups												
100% Pure Natural Syrup												
Strawberry Syrup						or the Land		No post file	1	-097		
Our Blueberry Syrup					X							
Sugar-Free Syrup		Avery 3	- 7									
Low-Sugar Fruit Spread												
Country Peach (Warm Fruit & Whipped Topping)	The Part of the Pa				X				X			
Cinnamon Spiced Apple (Warm Fruit & Whipped Topping)	The second section of the last				X				Х	1000		
Chocolate Whipped Cream				5.1	Х							
Hearty Country Mornings												
Biscuit Benny (no meat)*			Х		X				Х		X	Х
*see meat choices for allergen information		774										
New York Strip Steak n' Eggs*												
*with New York Strip Steak (seasoned with garlic butter glaze)		Υ					52.00		X		X	Х
*with Two Farm Fresh Eggs		Υ	Х						Х			
Bacon n' Egg Hashbrown Casserole	Y	Υ	Х		X				Х		Х	Х
Steak n' Egg Hashbrown Casserole	Y	Υ	Х		Х		Х		Х		X	Х
Homestyle Chicken n' French Toast with whipped butter	Y	Υ	Х		X			200	Х		X	Х
Pancake Tacos (no syrup)		Υ	Х		Х				Х		X	Х
Sunrise Specials												
Sunrise Pancake Special (see menu items for allergen information)												
Egg Sandwich (with Sourdough Bread and Mayonnaise)		Υ	Х						Х		X	Х
Biscuits n' Gravy					X				Х		Х	Х
Biscuit Breakfast (see menu items for allergen information)	Y	Υ					1-2					
Barrel Bites						441416						
Biscuit Beignets*	Y				Х						Х	Х
*with Butter Pecan Syrup					Х				Х			
Loaded Hashbrown Casserole Tots*	Y				Х				Х		Х	Х
*with Buttermilk Ranch			Х		Х	Y HODE						

Y - potential risk of cross-contact to all allergens due to cooking method	Preparation						Com	mon Allerg	ies			
X - Menu item contains specific allergen	Fried (Soybean Oil)	Grilled	Egg	Fish	Milk	Peanut	Sesame	Shellfish	Soy	Tree Nuts	Wheat	Glute
Breakfast Sides												
Breakfast Sides					-33					7777		
Hashbrown Casserole				0.00	Χ				Χ		Х	X
Fried Apples												
Tomato Slices												
Coarse Ground Grits									Χ		Χ	X
Premium Sides												
Fresh Seasonal Fruit				/ 12								
Two Buttermilk Pancakes with whipped butter		Υ	X		Χ				Χ		Χ	X
Hashbrown Casserole Tots	Y				Χ				Χ		Χ	Х
Loaded Hashbrown Casserole		Υ			Χ				Χ		Χ	Х
Meats		There is										
Thick-sliced Bacon		Υ						\$ E. S.				
Smoked Sausage Patties		Υ										
Spicy Chicken Sausage	The grant of the State of the S	Υ							Χ	100		
Impossible™ Sausage Made From Plants		Υ		5.1	480				Χ			
Sugar Cured Ham		Υ						F4(0)-47	Χ		1000	
Hickory-Smoked Country Ham		Υ										
Miscellaneous		732										
Multigrain Toast							X				Χ	X
Kid's Breakfast Menu							9-10-7		-			
Mini Confetti Pancakes (without butter)		Υ	Χ		Χ				Χ		Χ	Х
Mini Buttermilk Pancakes (without butter)		Υ	Х		Χ				Χ		Χ	Х
Egg n' Biscuit	The second secon	Υ	Х	200	Χ			W-0750	Χ		Χ	Х
Biscuit Breakfast Sandwich (see menu items for allergen information)							- 104	600				
Kid's Milk Straw												

	Lunch/Dinner Menu				14/1							
Y - potential risk of cross-contact to all allergens due to cooking method	Preparation							mon Aller				
X - Menu item contains specific allergen	Fried (Soybean Oil)	Grilled	Egg	Fish	Milk	Peanut	Sesame	Shellfish	Soy	Tree Nuts	Wheat	Gluten
Daily Specials												
Wednesday Broccoli Cheddar Chicken					Χ				Х		X	Х
Thursday Turkey n' Dressing (includes turkey and gravy)*					X				Χ		X	X
*with Cornbread Dressing	2400		X		Χ				Х		X	Х
Friday Fish Fry: Fried Cod Fillets	Y			Χ					Х		X	X
*with Tartar Sauce			X	1.5					Х			
Country Coastal Sampler												
Fried Cod Fillets	Y			Χ					Х		X	Х
Fried Shrimp*	Υ				Χ			X			X	X
*with Hushpuppy	Y		X		Χ				Х		X	Х
*with Tartar Sauce		Try or of	Х						Х			
*with Cocktail Sauce				X								
Saturday Fried Pork Chops	Y				Χ				Χ		X	X
Barrel Bites	The second respectively of the last											
Biscuit Beignets*	Y			5.1	Х						Х	Х
*with Butter Pecan Syrup					Χ				X		1.50	
Loaded Hashbrown Casserole Tots*	Y				Χ				Х		X	X
*with Buttermilk Ranch		772	X		Χ							
Country Fried Pickles*	Y										X	Х
*with Buttermilk Ranch			X		Χ		5-12					1000
White Cheddar Cheese Bites*	Y		X		Χ				Х		X	Х
*with Buttermilk Ranch			Х		Х						1000	CHOICE TO
Early Dinner Deals				476			4.1-21-		7.7.3			
Chicken n' Dumplins					Χ			-2010	X		Х	Х
Meatloaf	Life Control of the C		Х						Х		Х	Х
U.S. Catfish Fillet (grilled)		Υ		Χ					Х			
U.S. Catfish Fillet (fried)*	Y			Х			21.2					
*with Tartar Sauce			Х						Х			
Homestyle Chicken	Y		Х		Х		3100		Х		Х	Х
Smoky Southern Grilled Chicken		Υ							Х			10,724
Sirloin Steak Tips (seasoned with garlic butter sauce)		Υ			Х	423/33	A STATE OF		Х		Х	Х

Y - potential risk of cross-contact to all allergens due to cooking method	Preparation							mon Aller							
X - Menu item contains specific allergen	Fried (Soybean Oil)	Grilled	Egg	Fish	Milk	Peanut	Sesame	Shellfish	Soy	Tree Nuts	Wheat	Gluter			
Cracker Barrel Favorites															
Country Fried Steak (plain)*	Y		Х		Χ	2011					Х	Х			
*with Sawmill Gravy				- 17	Х				Х		Х	Х			
Meatloaf			Х	- 27					Χ		Х	Х			
Roast Beef					Χ				Χ		Х	Х			
Chicken n' Dumplins					Χ				Χ		Х	Х			
Chicken Fried Chicken (Homestyle Chicken with Sawmill Gravy)	Y		Х		Х				Х		Х	Х			
Grilled Chicken Tenders		Υ							Χ						
Hand-breaded Chicken Tenders (*choice of dipping sauce below)	Y		Х		Χ			7-12	Χ		Х	Х			
*Dill Pickle Ranch			Х		Х			14 15 11 11							
*Honey Mustard			Х												
*BBQ Sauce		Street, C					32000		Х						
Sugar Cured Ham		Υ						A 2 3 3 3	Х						
Hickory-Smoked Country Ham	The Part of Control	Υ													
U.S. Farm-raised Catfish (grilled)		Υ		Х					Х	400					
U.S. Farm-raised Catfish (fried)*	Y			Х							J-143				
*with Tartar Sauce		West	Х						Х		- 50 40 70	1 0			
Cracker Barrel Samplers															
New York Strip Steak n' Shrimp Combo							101.00								
New York Strip Steak (seasoned with garlic butter sauce)		Υ							Х		Х	Х			
Country Fried Shrimp*	Y				Х			Х			X	Х			
*with Hushpuppy	Y		Х		Χ				Х		Х	Х			
*with Cocktail Sauce				Х								17-12-1			
New York Strip Steak n' Chicken Combo												1			
New York Strip Steak (seasoned with garlic butter sauce)	and the second second	Υ							Χ		X	X			
Smoky Southern Grilled Chicken		Υ							Х						
Fried Chicken Tenders	Y		Х		Х				Х		Х	Х			
Classics Sampler					12.33		136.5								
Meatloaf			Х				1		Х		X	X			
Homestyle Chicken	Y		Х		Х				Χ		Х	Х			
Chicken n' Dumplins					Х				Х		Х	Х			
Tips, Tenders n' Shrimp Platter							Dalie Le								
Steak Sirloin Tips (seasoned with garlic butter glaze)		Υ					Х		Х		X	X			
Fried Shrimp	Y				Х			Х			X	Х			
*with Hushpuppy	Y		Х		Х				Х		Х	Х			
*with Cocktail Sauce				Х		W-55									
Grilled Chicken Tenders		Υ							Х	4 100					
Hand-breaded Chicken Tenders (choice of dipping sauce below)	Y		Х		Х				Х		X	Х			
Dill Pickle Ranch			Х		Х										
Honey Mustard		E-140	Х												
BBQ Sauce								10.50	Х	1					

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X - Menu item contains specific allergen	Fried (Soybean Oil)	Grilled	Egg	Fish	Milk	Peanut	Sesame	Shellfish	Soy	Tree Nuts	Wheat	Gluter
Signature Fried Chicken												
Southern Fried Chicken	Y						0.55				Х	Х
Homestyle Chicken	Y		Х		Х				Х		Х	Х
Buffalo Buttermilk Ranch Mac n' Cheese	Y		Х		Χ				Х		Х	Х
Home Cooked Classics	THE RESERVE TO THE PARTY OF THE											
Monday Maple Bacon Grilled Chicken		Υ	Х		Х				Х			
Hamburger Steak (seasoned with garlic butter glaze)		Υ					Х		Х		Х	Х
Hamburger Steak: Smothered with Onions and Roast Beef Gravy		Υ			Χ		Х		Х		Х	Х
Smoky Southern Grilled Chicken	A STATE OF THE STA	Υ							Х			
Chicken Pot Pie			Х		Χ			No. of the Control of	Х	FUND 115	Х	Х
U.S. Farm-raised Catfish (grilled)		Υ		Х					Х			
U.S. Farm-raised Catfish (fried)	Y	Children Co.		Х								
*with Tartar Sauce		26 L	Х					LEE 1/2	Х			
Country Vegetable Plate (see Vegetables n' Sides)												
Southern Suppers	The second respectively of the last									1		
New York Strip Steak		Υ		0.1					Х		X	Х
Lemon Pepper Grilled Rainbow Trout		Υ		Х					Х			
Country Fried Shrimp*	Y				Х			Χ			Х	Х
*with Hushpuppy	Y	774	Х		Х				Х		Х	Х
*with Cocktail Sauce				Х								

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X - Menu item contains specific allergen	Fried (Soybean Oil)	Grilled	Egg	Fish N	lilk Pe	anut Se	esame	Shellfish	Soy	Tree Nuts	Wheat	Gluter		
Vegetables n' Sides														
Bread Choice											-11,000			
Buttermilk Biscuits					X				Х		Х	Х		
Corn Muffins			Х		X				Х		Х	Х		
Country Sides						10000								
Coarse Ground Grits	38.00 % (								Х		Х	Х		
Hashbrown Casserole					X				Х		Х	Х		
Mashed Potatoes					X				Х					
Steak Fries	Y													
Macaroni n' Cheese	A 200 A				X				Х		Х	Х		
Dumplins					X				Х		Х	Х		
Breaded Fried Okra	Y										Х	Х		
Sweet Whole Baby Carrots									Х					
Whole Kernel Corn									Х					
Pinto Beans	The second secon	23		120				N-E-F						
Country Green Beans	THE PARTY OF THE P		1000											
Steamed Broccoli	Calculation and Property (Control of the								Х	**	Х	Х		
Turnip Greens	2000年1月1日日本1日1日													
Cole Slaw			X						Х					
Fried Apples														
Sweet Potato Casserole contains pecans		1.4.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1	-		X				Х	Х				
Cornbread Dressing			Х		X				Х	7.00	X	Х		
Premium Sides				1110		1000			-77		100			
Fresh Seasonal Fruit														
Two Buttermilk Pancakes with whipped butter		Υ	Х		X				Х		Х	Х		
Hashbrown Casserole Tots	Y				X				Х		Х	Х		
Loaded Hashbrown Casserole		Υ			X				Х		Х	Х		
Loaded Baked Sweet Potato contains pecans					X			70e-70	Х	Х				
Loaded Baked Potato	THE RESERVE OF THE PARTY OF THE			7 10 10 1	X									
Loaded Mashed Potatoes					X				Х					
Bacon Macaroni n' Cheese					X				Х		Х	Х		
Bowl of Pinto Beans				1000				4		100				
Bowl of Turnip Greens*			135						7					
*with Egg Wedge garnish		9-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1	Х	435										
Beans n' Greens*							4.27					20.70		
*with Egg Wedge garnish on Greens	The same of the sa		Х	24			122.00							

Y - potential risk of cross-contact to all allergens due to cooking method	Preparation						Com	mon Aller	gies			
X - Menu item contains specific allergen	Fried (Soybean Oil)	Grilled	Egg	Fish I	Milk	Peanut	Sesame	Shellfish	Soy	Tree Nuts	Wheat	Gluter
Weekday Lunch Features												
Monday Chicken n' Dumplins					Χ				Х		Х	Х
Tuesday Meatloaf			Х						Х		Х	Х
Wednesday Broccoli Cheddar Chicken				-1.2	Χ	-5/2494	14.640		Х		Х	Х
Thursday Turkey n' Dressing (includes turkey and gravy)					Χ	11114			Х		Х	Х
*with Cornbread Dressing	and the same of th		X		Χ				Х		Х	Х
Monday-Friday Pick 2 Country Combos			•									
House Salad					Х						Х	Х
Loaded Baked Potato					Χ							
Loaded Baked Sweet Potato contains pecans				47-7-1	Х				Х	Х		
Vegetable Soup					Χ				Х		Х	Х
Country Salads												
Homestyle Chicken Salad (grilled Smoky Southern Chicken Breast)		Υ	X		Х		والتبليت		Х		Х	Х
Homestyle Chicken Salad (Homestyle Chicken Breast)	Υ		X	-	Х				Х		Х	Х
House Salad		25		100	Х			62.50			Х	Х
Sandwich n' Burger Platters												
Homestyle Chicken BLT (grilled Smoky Southern Chicken Breast)	of the same second of the same state	Υ	Х				Х				Х	Х
Homestyle Chicken BLT (Homestyle Chicken Breast)	Y		X	-0.4	Х		Х	2	Х		Х	Х
The Barrel Cheeseburger		Y	Х		Х		Х		Х		Х	Х
Salad Dressings												
Balsamic Herb Vinaigrette												
Blue Cheese			Х		Χ							
Buttermilk Ranch			X		Χ							
Honey Mustard			Х		7-4		200		112.713			
Dill Pickle Ranch			Х		Χ							
Hot Soups												
Beef n' Noodle Soup			Х		Х				Х		Х	Х
Chicken Noodle Soup			Х		Χ				Х		Х	Х
Chicken Pot Pie Soup				7.00	Х				Х		Х	Х
Chili			X		Χ				Х		Х	Х
Country Potato Soup					Х				Х		Х	Х
Potato Soup					Х	444			Х	1000	Х	Х
Turkey Noodle Soup			Х		Х				Х		Х	Х
Hearty Vegetable Beef Soup		h	Х				1000		Х	1700	Х	Х
Vegetable Soup				- 1	Х				Х		Х	Х

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X - Menu item contains specific allergen	Fried (Soybean Oil)	Grilled	Egg	Fish	Milk	Peanut	Sesame	Shellfish	Soy	Tree Nuts	Wheat	Gluter		
Kid's Lunch/Dinner Menu														
Lil' Barrel Cheeseburgers		Υ			Χ						Х	Х		
Grilled Cheese Sandwich		Υ			Χ				Х		Х	Х		
Grilled Chicken Tenders	The Control of the Control	Υ		-12	7.12				Х					
Hand-breaded Fried Chicken Tenders	Y		Х		Х				Х	-1	Х	Х		
BBQ Sauce									Х					
Dill Pickle Ranch			Х		Х									
Honey Mustard Sauce			X		577									
Macaroni n' Cheese					Х	1.5			Х		Х	Х		
Country Vegetable Plate (see Vegetables n' Sides)														
Crispy Rockin' Shrimp (shrimp only)*	Y				Χ			Х			Х	Х		
*with Hushpuppy	Y		X		Х				Х		Х	Х		
*with Steak Fries	Y													
*with Cocktail Sauce		- NTC 100-		Х										
Crafted Coffee (Iced or Hot)														
Latte, regular	TOTAL PROPERTY.				Х									
Vanilla Latte					Х									
Caramel Latte					Х									
Mocha					Х									
Iced Tea n' Beverages														
Unsweetened Iced Tea									777.15					
Sweetened Iced Tea											57-77			
Peach Tea									-1-		100			
Southern Half n' Half									11.112					
Lemonade														
Hot Chocolate					Χ							17-12-1		
Milk (skim, reduced fat, whole, chocolate)					Х	HT L								
Orange Juice														
Apple Juice														
Soft Drinks (Cocoa-Cola®, Sprite, Mello Yello, Dr. Pepper, Diet Coke, Cocoa-Cola® Zero	Sugar, Cocoa-Cola® Cherry, Seag	ram's Ging	er Ale	)										
Stewart's Bottled Soda Root Beer														
Coffee (decaf or regular)														
Hot Tea (Twinings® of London)														
Desserts														
Double Fudge Coca-Cola® Cake*			X		Х				Х		Х	Х		
*with one Scoop Vanilla Ice Cream					Х	PARTY.			Х					
Biscuit Beignets*	Y				Х		1-3-57	37/2/307			Х	X		
*with Butter Pecan Syrup	Committee of the second second second				Х				Х					
Peach Cobbler*			F-11			5 3 miles			X		Х	X		
*with one Scoop Vanilla Ice Cream					Х				X					



"Momma's French Toast Breakfast," "Grandpa's Country Fried Breakfast," "The Cracker Barrel's Country Boy Breakfast," "Momma's Pancake Breakfast," "Cracker Barrel Old Country Store," and "Cracker Barrel," are service marks/trademarks of CBOCS Properties, Inc. ©2024 CBOCS Properties, Inc. The Coca-Cola® trademark is being used with the permission of the Coca-Cola Company.